
Medical Response (Wilderness Care and Survival)

Includes training in CPR, and First-Aid according to the American Red Cross “Community First-Aid and Safety” course. Also includes a WCAS course that gives the knowledge and skills necessary to assist victims in a variety of outdoor emergencies.

Instructors: Captain Joshua Tanner, MSgt. Sam Behr, SSgt. David Marr

Course Length: 30 hours

Prerequisites: Completion of ALERT Basic Training; Godly character and discipline; desire to serve others

Required Text: *First Aid/CPR – American Red Cross “Community First-Aid and Safety”, WCAS- ALERT wilderness care and survival notebooks*

Required Tools/Materials: See current *ALERT Packing List*

Instructional Methods: A variety of methods will be employed including lectures, group discussions, and power point presentations. Charts, transparencies, videos, and drawings may also be incorporated in the delivery of material. Practical scenarios will be used to reinforce instruction received in the classroom.

Method of Evaluation: There will be two written tests and two practical examinations at the end of the WCAS course. There will be a written and practical test over the Red Cross “CFAS” course, as well as a WCAS written and practical examination.

Pass Requirements: Score 80% on each of the written tests and pass the practical examinations with 100% proficiency. Students must attend all classes unless permission is specifically given by the training coordinator, however, only two approved absences will be allowed. Class requirements due on the day of absence must be turned in promptly the next class. It is the student’s responsibility to request from the instructor the assignments given during the student’s absence.

Course Components:

Day	Hours	Subject
1	8	American Red Cross CFAS (Community First-Aid and Safety) -Check, Call, Care: Checking the scene and the victim, Calling for help, Caring for the victim -Adult, Child, and Infant: Rescue Breathing, CPR, Conscious and Unconscious Choking -General Medical Emergencies: Stroke, Cardiac Arrest, Poisoning, Seizures, and Traumatic Injuries,
2	4	American Red Cross CFAS Cont... -Basic First-Aid: Bleeding Control, Burn Care, treatment for muscle, bone, and joint injuries, hypo/hyperthermia -CFAS Test
2	4	WCAS (Wilderness Care and Survival) -Introduction to WCAS - Pt. Assessment, Spinal precautions, and Bites Stings and Allergic Reactions
3	8	WCAS -Wound Care, Dislocations, Athletic Injuries, Heat and Cold Emergencies, and Fractures: Identification and Treatment
4	6	WCAS -WCAS Test - Practical Scenarios -Test Remediation if necessary